

## **INTRAVENOUS (IV) SEDATION PRE-OP INSTRUCTIONS**

A needle will be placed in a vein in the forearm or back of the hand. Various drugs will be administered making you very relaxed, non-apprehensive, and sleepy; you will not be unconscious. Local anesthetics will be used to control pain. As a result of the drugs used and your sleepy condition, certain precautions **must** be observed.

**1. Discontinue all eating 6 hours before your appointment. Discontinue drinking 2 hours before the appointment. If you need a small drink (i.e. to take medication), consume only a small portion of a clear liquid (i.e. water, apple juice, not coffee or milk).**

**2. You must provide a responsible adult to act as an escort to drive you home** and to supervise your activities for the remainder of that day. This escort must be present during the appointment to ensure they are readily available following completion of the procedure and to be available in case of emergency.

3. Notify your dentist if you develop a cold, sore throat, cough, fever, or any other illness prior to your appointment. Inform the dentist of any changes in your medical history, including medications. Do not take any other medicines without the dentist's knowledge and approval.

4. If you are a diabetic, please bring your glucometer and necessary equipment to the appointment to measure your blood sugar prior to and after the dental procedure.

5. Wear loose, comfortable clothing with sleeves that can easily be drawn up past the elbow. Do not wear heavy eye makeup, false eyelashes, or finger nail polish. If you wear contacts it is advisable to remove them prior to the appointment to prevent irritation during surgery.

6. If disturbing problems should develop after leaving the clinic, you should call your dentist immediately. Parents or guardians of children should observe the child continuously upon return home and call the dentist immediately if disturbing problems should develop.

7. Full mental awareness will not return for several hours and, therefore, for the remainder of the day you should limit activity requiring full concentration power. You will not be able to:

- Drive an automobile or operate machinery.
- Undertake business matters (i.e. marriage, divorce, wills, legal documents).
- Drink alcoholic beverages.
- Operate firearms